

Gauteng Qualifier and Development competition

(everybody welcome – all lifters must be SAPF affiliated)

DATE: 3 February 2018

VENUE: ALSTON PRIMARY SCHOOL (Cnr Heather & klipspringer avenue leondale)

COMPETITION: **Raw & Equipped Powerlifting**

Weigh-in: **08h00** Lifting starts: **10h00**

ENTRY FEE + SA QUALIFIER: **R280** (Lifters must affiliate to the SAPF for 2018)

ENTRY FEE WITHOUT QUALIFIER: **R220**

Entries Close: 27 January 2018

Payments to: Adrian Smith competition, STANDARD BANK CHEQUE ACC

ACCOUNT NUMBER: 10-09-094-176-2

BRANCH CODE: 2342

Proof of payment to Adrian 083-7882982, 18powerhousepowerlifting18@gmail.com

Lifter Details:

Name: _____

Surname: _____

Birthdate: ____/____/____

Gender: _____

Weight Class: _____

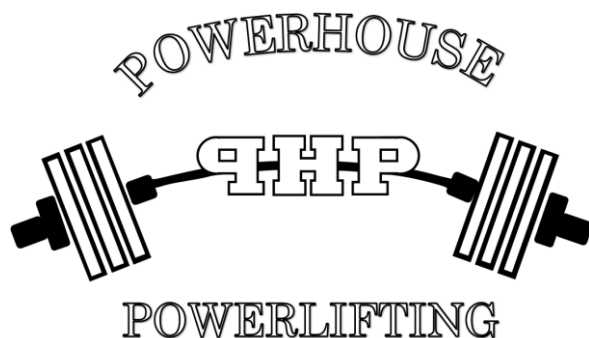
Affiliated for 2018: Yes/No

Cell no: _____

Coach: _____

Team and Suburb: _____

Favourite Lift: _____



(Affiliated to the Gauteng
powerlifting federation)

